

## Essential Readings on Anti-Black Racism

In our ongoing commitment to fostering a more inclusive and equitable community, we are excited to share a selection of impactful readings that delve into the complexities of anti-Black racism, racial healing, and personal growth. These texts provide valuable insights and perspectives that can enrich our understanding of these critical issues. We encourage you to explore them and engage in meaningful discussions with your peers and colleagues.

1. *Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor*, by Layla F. Saad

This book provides a structured approach to examining and addressing personal biases and dismantling white supremacy. It offers a practical guide for individuals on their journey to becoming effective allies in the fight against racism.

Read More: <http://laylafsaad.com/meandwhitesupremacy>

2. *So You Want to Talk About Race*, by Ijeoma Oluo

Ijeoma Oluo provides a comprehensive guide to understanding and discussing race. She tackles topics such as privilege, police brutality, and cultural appropriation with clarity, offering readers practical tools for engaging in productive conversations about race.

Read More: <https://www.goodreads.com/book/show/35099718-so-you-want-to-talk-about-race>

3. *Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations About Race*, by Beverly Daniel Tatum

Dr. Beverly Daniel Tatum explores the psychology of racism, focusing on the development of racial identity in children and adults. Her insightful analysis provides a foundation for understanding the dynamics of racial conversations and relationships.

Read More: <https://www.goodreads.com/en/book/show/16280>

4. *How to Be an Antiracist*, by Ibram X. Kendi

Ibram X. Kendi challenges readers to rethink their perspectives on racism and actively work toward becoming antiracist. Through personal anecdotes and historical analysis, he offers a compelling vision for creating a more just society.

Read more: <https://www.goodreads.com/book/show/40265832-how-to-be-an-antiracist>

5. *The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together*, by Heather McGhee

This book explores the economic and societal costs of racism and the ways in which dismantling racism benefits everyone. It could spark insightful discussions on how anti-Black racism intersects with broader societal issues.

Read More: <https://www.goodreads.com/book/show/53231851-the-sum-of-us>

6. *An African American and Latinx History of the United States*, by Paul Ortiz

This book delves into the history of Afro-Latinx communities in the United States, offering a comprehensive and enlightening perspective on the experiences of Afro-Latinx individuals and their contributions to American society.

Read More: <https://www.goodreads.com/en/book/show/34564996>

7. *Decolonizing Wealth: Indigenous Wisdom to Heal Divides and Restore Balance*, by Edgar Villanueva

While not exclusively focused on anti-Black racism, this book provides valuable insights into decolonization, wealth distribution, and creating more inclusive systems, which can be applicable to addressing racial inequities within the Latinx community.

Read More: <https://www.goodreads.com/en/book/show/38245185>

We encourage you to explore these texts as part of your commitment to continuous learning and engagement in the fight against racism. Together, we can build a more just and inclusive future for NLPA.